

Rebecca B. Porter, Ph.D., R.N.
Curriculum Vitae

Professional Licenses and Memberships:

Registered Nurse License, Iowa Board of Nursing
Member, American Nurses Association
Sigma Theta Tau (1994 – 2017)
American Society of Bioethics and Humanities (2007 – 2018)
Adult Nurse Practitioner, American Nurses Credentialing Center (1996 – 2007)

EDUCATION

Ph.D. (Nursing) University of Iowa, Iowa City, IA
M.Sc. (Nursing) Simmons College, Boston, MA
B.N. University of Calgary, Calgary, Alberta

POSITIONS AND HONORS

Positions

2012 - present Clinical Ethics Resource Nurse, University of Iowa Hospitals and Clinics, Iowa City, IA
2011 Adjunct Instructor, Mount Mercy University, Cedar Rapids, Iowa, Graduate Nursing Program. Cedar Rapids, Iowa

Prior to 2010

- Research Assistant, University of Iowa, College of Nursing, Iowa City, IA
- Teaching Assistant, University of Iowa, College of Nursing, Iowa City, IA
- Adjunct Instructor, University of Iowa, College of Nursing, Iowa City, IA.
- Nurse Practitioner, Intermediate Pulmonary Care Unit, UIHC, Iowa City, IA
- Nurse Practitioner, Chemical Dependency Treatment Center, University of Iowa Hospitals & Clinics (UIHC), Iowa City, Iowa
- Nurse Practitioner, Ambulatory Primary Care, Veteran's Administration Medical Center (VAMC), Iowa City, IA. VAMC, Iowa City, Iowa, Clinical Preceptor, Nurse Practitioner
- Coordinator, Cancer Prevention Trials, Division of Hematology-Oncology, NEMC, Tufts University, Boston, MA
- Clinical Studies and Patient Care Coordinator, New England Medical Center Hospital (NEMC), Division of Endocrinology, Tufts University, Boston, MA
- Clinical Nurse Specialist, Division of Cardiovascular Diseases, Hypertension Program, University of Alabama at Birmingham, Birmingham, AL
- Coordinator, Critical Care Programs, Justice Institute of British Columbia, Vancouver, B.C.
- Research Nurse/Associate, Division of Clinical Pharmacology, St. Paul's Hospital, University of British Columbia, Vancouver, British Columbia
- Clinical Instructor, Post-Graduate Critical Care Nursing, University of British Columbia, at Prince George Regional Hospital, Prince George, B.C. and Shaughnessy Hospital / University of British Columbia, Vancouver, B.C.

- Instructor, Critical Care Certification Course, University of British Columbia, Vancouver, British Columbia
- Staff Nurse, Intensive Care Unit, St. Paul's Hospital, Vancouver, British Columbia, Canada
- Staff Nurse, Chemotherapy Ambulatory Care, Cancer Control Agency / University of British Columbia, Vancouver, British Columbia
- Staff Nurse, ENT, Plastic & Ophthalmology Surgery, St. Paul's Hospital, Vancouver, British Columbia, Canada
- Staff Nurse, Drumheller General Hospital, Drumheller, Alberta, Canada

HONORS

2000 Above & Beyond Award, University of Iowa Hospital & Clinics

SCHOLARSHIP

Independent Research Completed

- 2014 *Fall Prevention Among Hospitalized Patients* (DAISY Foundation, Sharon Tucker, PhD, RN Principle Investigator).
- 2010 *Nurse managers' moral distress in the context of the hospital ethical climate* in fulfillment of PhD (Nursing), Graduate College, The University of Iowa
- 2013 *Effect of Booster Doses of Mindfulness Meditation on Registered Nurse's Well-Being and Stress Management* (\$5,000.00 funded research from the American Nurses Foundation, Rebecca Porter, PhD, RN and Sharon Tucker, PhD, RN Co-Principle Investigators.
- 1996 *Diagnostic Uncertainty: The Lived Experience of Waiting for a Diagnosis*. In fulfillment of Master of Science Degree (Nursing), Simmons College, Boston, MA.

Current Teaching, Nursing Ethics

Nurse Residency Program, UIHC

Past Teaching, Nursing Ethics

2012 – 2016 DNP Graduate Students, College of Nursing, University of Iowa. Annual seminar for clinical ethics in advanced nursing practice

Oral Presentations, Invited

December 4, 2019: Nursing Grand Rounds, University of Iowa Hospitals and Clinics. *How a Nurse Can Respond to Incivility and Bullying: Panel Discussion*.

March 21, 2017 Iowa Surgical Nurses Conference. *Improving Patient Care: The Role of Debriefing Following a Critical Event*. Radisson Hotel, Coralville, Iowa.

May 2, 2017 Faculty "Brown Bag" Lunch Seminar, University of Iowa, College of Nursing. *Nursing Ethics Education: Needed Now More Than Ever*.

June 2, 2017. Culturally Responsive Health Care in Iowa, (co-presenter for workshop) *Addressing and Reducing Disrespectful Behaviors*. University of Iowa, College of Public Health, Iowa City, Iowa.

July 18, 2017: Veteran's Integrated Service Network (VISN) 23 (VA Midwest Health Care Network), Integrated Ethics Conference, July 18th, 2017, Eagan, Minnesota. Keynote speaker.

September 2017: Society of Otorhinolaryngology and Head Neck Nurses, Inc (SOHN), 2017 Annual Congress, Nursing Symposium on Ethics, "*End-of-life Decisions*." September 10th, 2017, Chicago, Illinois.

November 5, 2017: Nursing Grand Rounds, University of Iowa Hospitals and Clinics. "*The impact of disrespectful behavior between health care team members on the quality of patient care: What can I do?*"

2016 SE Iowa Nurse's Association meeting, Mount Mercy University, Cedar Rapids, Iowa. *Considering Complex Ethical Dilemmas Through the Lens of the Code of Ethics*.

Nursing Grand Rounds, University of Iowa Hospitals & Clinics, Iowa City, Iowa. *Violence Directed at Nurses*.

2015 Nursing Grand Rounds University of Iowa Hospitals and Clinics. *Moral Distress Among Nursing Leadership: Maintaining a Moral Climate*.

2014 Challenges in Pediatric Palliative Care, University of Iowa Children's Hospital Pediatric Palliative Care Program. *Navigating Towards the Moral Horizon in Pediatric Palliative Care: Recognizing and Responding to Moral Problems*.

2012 Nursing Grand Rounds, University of Iowa Hospitals and Clinics *ANA Code of Ethics: How We Define Our Moral Selves.*"

2012 Dermatology Nurses Association Annual Conference, Denver, Colorado. *The ANA Code of Ethics: It's More Than Skin Deep*.

2011 Iowa Nurses Association Annual Conference, October, 12, 2011. Coralville, Iowa. *When the Right Thing Does Not Get Done at Work: Recognizing Moral Distress and Navigating Your Way Through It*.

2004 University of Iowa, Graduate Nursing Students, Iowa City, Iowa. *Spiritual Care for Patients, Across the Life Span*

2003 Coe College, Cedar Rapids, Iowa. Undergraduate Nursing Students. *Spiritual Care for Patients, Across the Life Span*.

University of Iowa Hospitals and Clinics, Pastoral Care Department, Iowa City, Iowa.
Diagnostic Uncertainty: The Lived Experience and Spiritual Care: Applications to Nursing Practice.

- 2002 Coe College, College of Nursing, Cedar Rapids, Iowa. *Nursing Care for People with Chronic Respiratory Failure.*
- 2000 University of Iowa, College of Nursing, Graduate Nursing Program, Iowa City, IA. *Spiritual Assessment and Care and How to Give Bad News.*
- 1996 University of Iowa Hospitals and Clinics, Pastoral Care Students, Iowa City, Iowa. *Diagnostic Uncertainty: The Lived Experience.*

Peer Reviewed Publications

Porter, R.B., Cullen, L., Matthews, G., Farrington, M. & Tucker, S. (2018) Exploring Clinician Perceptions About Sustaining Evidence-Based Fall Prevention in an Academic Medical Center. *American Journal of Nursing.* 118 (5): 24-33.

Porter, R.B. (2013). Medication Errors in Critical Care: Ethical Considerations. *AACN Advanced Critical Care.* Jan-Mar; 25(1):56-62.

Porter, R.B. (2012). The ANA Code of Ethics: It's more than skin deep. *Journal of the Dermatology Nurses Association.* 5(1): 31-34.

Peer Reviewed Paper & Poster Presentations

2013 Porter, R.B. *Nurse Manager's Experience of Moral Distress in Context of the Hospital Ethical Environment.* Second Ethics of Caring National Nursing Ethics Conference 2013. Cultivating Ethical Awareness: Moments of Truth. 21 & 22 March 2013 Los Angeles, CA.

2009 Porter, R.B., Williams, J.K., Piper, K. (2009). *I Don't Know Who To Trust: Patterns of Receiving Newborn Screening Information Among Parents in Non-Dominant Cultures.* Paper presented at 33rd Annual MNRS Research Conference, Minneapolis, MN.

1997 Porter, R.B. *Diagnostic Uncertainty: The Lived Experience.* Poster session presented at Sigma Theta Tau International, 9th International Nursing Research Congress, Vancouver, B.C.

1996 Porter, R.B. *Diagnostic Uncertainty: The Lived Experience.* Paper presented at the Annual Graduate School of Health Care Research Symposium, Boston, MA.

1990 Rangno, R.E., Nowaczynski, M., **Porter, R.B.** June 24 - 28 *Adrenergic kinetics and dynamics in obesity related hypertension before and after weight loss.* Poster presented at the International Hypertension Society, Montreal, PQ.

1989 Porter, R.B. *Drug Withdrawal in Obese Hypertensives.* Paper presented, Annual Meeting and Scientific Sessions of the Canadian Heart Foundation, Vancouver, B.C. .

1987 Porter, R.B., Rangno, R.E. *Hypertension in obesity: measurement error and effect of weight loss.* Poster presented at the Annual Meeting and Scientific sessions of the Canadian Council of Cardiovascular Nurses, Edmonton, AB.

1987 Porter, R.B., Rangno.R.E. (1987, September). *Hypertension in obesity: Measurement error and effect of weight loss*. Supplement to Clinical and Investigative Medicine 10B88. Paper presented the annual meeting of the Canadian Society for Clinical Investigation, Winnipeg, MB

PROFESSIONAL SERVICE

- 2013-2016 American Society of Bioethics & Humanities, Nurses Affinity Group, member, elected to Board of Directors
- 2013-2014 American Nurses Association, Code of Ethics, Advisory Board
- 2013-2016 University of Iowa Council of the Status of Women
- 2013 - present University of Iowa Hospitals and Clinics Debriefing Team

- 2012 - present University of Iowa Hospitals and Clinics, Schwartz Center Rounds, Committee
- 2012 - present University of Iowa Hospitals and Clinics, Ethical Issues Subcommittee, member
- 2012 – present Shared Governance, member, Nursing Retention and Diversity Committees
- 2002–2003 Iowa Nurse Practitioner Society, Chair, Bylaws Committee.

INVITED MANUSCRIPT REVIEWS

- 2017 Medical Education Online, “Relationship between moral development, ethical sensitivity and empathy in medical students”.
- 2016 Journal of the Midwest Nursing Society, “Bullying”

COMMUNITY SERVICE

- 2000-2002 Iowa Women’s Foundation committee member
- 2011-2016 Miccio Foundation, non-profit organization, Board of Directors
Miccio Foundation, President, Board of Directors
- 2019 – present Board of Directors, Oaknoll Retirement Community, Iowa City, Iowa